

3rd Annual Sweat & Swing Fore! A Cure Fundraiser

CROHN'S & COLITIS
FOUNDATION



Thursday, Nov 8th: 6 am-8 pm

All proceeds from our event will be donated to the Crohn's & Colitis Foundation.
Please take time on Thursday, November 8th to stop by.

The Warrior Workout

Train w/ the Red Brook Staff and conquer the day!

(Workout Times: 6:15 am, 11 am, 12:15 pm, 1:30 pm, 5:15 pm, or 6:30 pm)

Closest To The Pin Competition

Bring your 125 yard club, take a swing, and win some great prizes.

(Competition Times: 11 am - 2 pm or 5 pm - 8 pm)

The Recovery Zone (11 am - 7 pm)

Relax with one of our specialists and stop by to tour our new space

Free Food, Hydration by Motive Pure, and Supplements

Silent Auction Items

All proceeds and money raised will be donated to the CCFA



RED BROOK
HEALTH & WELLNESS CENTER



DAVID S. BROWN
ENTERPRISES, LTD.

MOTIVE|PURE



Location: Red Brook Health & Wellness (400 Red Brook Blvd Owings Mills, Md 21117)

For more information please contact Nick: nshultz@davidsbrown.com